



## **VIRTUAL ANIMATIONS CATALOG 2021**

<https://www.marie-chevrier.com>

# STORIES FOR CHILDREN

## Papou the dragon



The author plunges us into a fantastic world where the imagination of childhood merges with the tenderness and love of a timeless encounter. Available only in French, ideal for French immersion programs.

## Chouchoune



Born to Ondine parents, very young Chouchoune dreams of walking on the earth. She will have to wait... will she succeed?  
Available only in French, ideal for French immersion programs.

## Stories from the Congo



Tales from the Congo with puppets.  
Academic notebook available. Available only in French, ideal for French immersion programs.

## **MAMUK, musical story**



The quest of Mamuk, a ten-year-old native, who by playing his flute enters the world of animal spirits. They advise Mamuk on how to settle conflicts peacefully.

Available In French or english.

\* Educational notebook

## **WORKSHOPS FOR CHILDREN AND TEENS**

### **GUMBOOTS WORKSHOP**



Initiation to the traditional rhythms of gumboots; also available in French.

Theory and Workshop.

\* Educational notebook.

Also available for adults.

## KORA WORKSHOP **new**



Discover the history of the Kora, its origin, the legends linked to its appearance, its original functions. Understand the elements that make it up, the way it is played and witness the performance of a great Kora player.

\* Educational notebook

Workshop available in French and in English.

## SANZA WORKSHOP **new**



Discover the Sanza, its history, the legends linked to its origin, its traditional function, its manufacture and how it is played. The workshop will conclude with a performance by one of Canada's only sanza players. French or English.

\* Educational notebook

## DJEMBE WORKSHOP **new**



History of the djembe, Manufacture, assembly of the djembe and demonstration of the assembly of the skin, how to tune it, the basic notes. Benefit. French only.

\* Educational notebook

## CONSCIOUS MEDITATION WORKSHOP



Meditation workshops on Native American flute. Available in French or English.  
\* Educational book

## MUSICAL INTRODUCTION



Musical awakening with traditional and modern African instruments. In French only, ideal for French immersion programs.

## NATURAL EATING



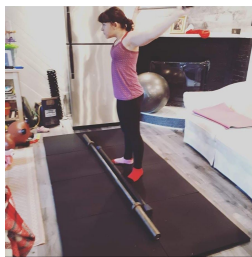
Initiation to healthy eating. Also available in French.

## AFRICAN DANCE



African dances: teaching young people to move with ease and freedom of mind.  
\* Educational book  
French or English.

## TRAINING PROGRAM



Basic training for future athletes with an Olympic weightlifting champion. Without special equipment. Also available in French.

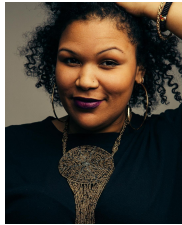
## SLAM WORKSHOP FOR TEENS



Introduction to poetry-slam  
French only.

## **SLAM-THERAPEUTIC WORKSHOP FOR TEENS**

**with Stella Adjokê new**



Get teenagers to explore their emotional and creative world through writing and speaking through slam. Provide young people with the tools to understand mental health and emotional well-being.

In French only.

## **CONFERENCE-TESTIMONY-WORKSHOP FOR THE MONTH OF BLACK**

**HISTORY with Stella Adjokê new**

Understand the influence of black communities in the Quebec and Canadian environment. Open discussions and sharing. Natural song performance - and song analysis. Testimonies and quotes from key figures in the history of black people and the artist as a Métis black woman in Quebec.

.In French only.

## **CONFERENCE-TESTIMONY-WORKSHOP THE HISTORY OF BLACK WOMEN**

**with Stella Adjokê new**

Understand the influence of black women in their Quebec and Canadian environment. Discussions and shares. Natural song performance - and song analysis. Testimonies and quotes from key figures in the history of black women who have directly or indirectly inspired the artist and her story as a black Métis woman in Quebec.

## Meditative workshop on school perseverance **new**



What you love deeply becomes your motivation.  
What are the resources around you?  
Meditation on your greatest achievement.  
Your motivation  
Research what you love deeply  
Experiences.  
Meditation on what you like deeply  
Identification is installed  
You are ...  
Available in French also.

## SHOWS for children

### THE MOST BEAUTIFUL TRIP



Musical journey through five musical instruments from five continents. Available in French only.



## THE PLANET IN MUSIC



Participatory show that combines music and theater with a vivid imagination. Available in French only.

## FROM CHAMPLAIN TO THE ENGLISH CONQUEST



Stories and songs about the lives of great men and women from Champlain to Maisonneuve, including Jeanne D'arc and Pierre de Boucherville. Available in French or English.

## THE PUPPET CIRCUS



Juggling, acrobatics, dialogue with a puppet. Also in French, or bilingual versions.

## THEMATIC CIRCUS SHOW



Costumes and accessories for Halloween, Easter, Christmas or any celebration; family celebrations, birthdays, and more. Available in French, and bilingual versions.

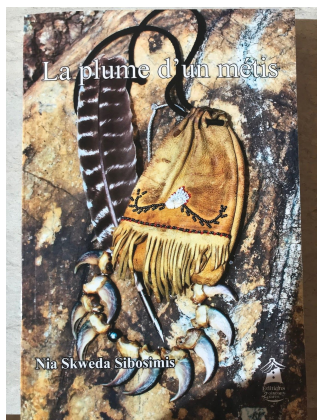
## KÔTOU DANSE



African dance, with dancers and percussionists.

## ANIMATIONS FOR ADULTS

### NATIVE AMERICAN TALES



*La plume d'un métis* from Patrick Therrien, published in 2020. In French.

## STRETCHING WORKSHOP



Stretching exercise to your needs. Available In French only.

## NATURAL EATING



Introduction to healthy cooking. Also available in French.

## AFRICAN CUISINE



Recipes from Ivory Coast. In French only.

## AFRICAN DANCE WORKSHOP



African dances to learn to move with ease and freedom of mind. Also available in French.  
\* Educational notebook

## INDOOR GARDEN



Introduction to sprouting. Also in French.

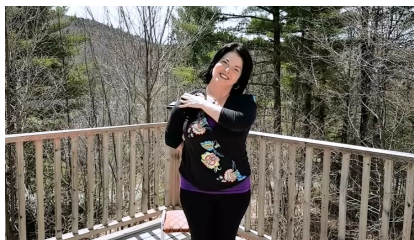
## CONFERENCES

### CONFERENCE ON ARABIC MUSIC



Conference on Oud and Arabic music  
Theory and presentation. Available in French only.

### CONFERENCE ON THE IMPORTANCE OF POSTURE **new**



Suzanne Mongrain humorously invites you to become aware of the consequences of posture on your physical and emotional health and to improve your life by adopting a posture that is more just for you. In French only.

### CONFERENCE: EXPERIENCE THAT CHANGED HIS LIFE



Winter 2002, buried under an avalanche. Available in French only.

## SHOWS for all

### KORA AND SANZA FUSION



African melodic instruments. Also available in French.

Theory and presentation

\*Academic notebook

### AFROKANTIK



Nigerien and Jamaican-Quebec musicians and singers

### THE FEMALE PIONEERS OF NEW FRANCE **new**





Gaetane Breton offers you a sung and storytelling show that illustrates these courageous arrivals in this country since 1616, that is to say since the beginning of New France to build a new world. In French only.

## TRIBUTE TO BRETON CYR



Traditional repertoire of the Breton-Cyr group. French repertoire.

## L'AGASPÉSIE **Nouveau!**



Agaspésien came into the world in Agaspésie. He is a traveling musician who tells and sings his adventures across Canada or around the world. In French only.

## FRENCH TRADITIONAL QUEBEC MUSIC



Traditional French Quebec music and songs with Charles Johnson

## AFRICAN DANCE



African dance and percussion show

\*Educational notebook

## THEMATIC CIRCUS SHOW



Halloween, the 24th June, Canada Day, Hanukkah, Easter, Christmas, family celebrations, birthdays, and more. French or bilingual also.



## AMERINDIAN FLUTE



Native American style flute. Available in solo, duo and trio.

## CHRISTMAS SHOWS

### CHRISTMAS SWEET-HOUR



Traditional songs of the holiday season. In French mainly.

### CHRISTMAS CIRCUS



Acrobatics and juggling, accordion music. Also in French or in a bilingual version.

## TALES AND SONGS FROM OLD TIMES



**Gaetane Breton**

**with GAETANE BRETON**

French songs:

Jean Hélié dit Breton /V'là bon vent

Chanson Mon bon vieux mari

Rose Latulippe/ la complainte

Rigauville

Le Bois de St-Agnan/La Rochelle

**To see extracts of the animations visit our site at:**

**<https://www.marie-chevrier.com>**

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